

<b>DAY ONE</b>	
9.00	Registration
9.30	Introduction and Evidence-based practice
10:30	Impairments after stroke -part 1
11.00	<b>Morning tea</b>
11:20	Impairments after stroke -part 2
11:50	Increasing strength in very weak muscles
12:45	<b>LUNCH</b>
13:15	Intensity of practice
13:45	Practical session: Weightbearing in sit and reach
14:45	Sitting Biomechanics, analysis and intervention
15:30	<b>Afternoon tea</b>
15:50	Postural adjustments and Standing
16:20	Standing analysis and intervention
17:00	Clinical session 1: Assessment and analysis of stroke survivors by presenters
18:00	Discussion and questions
<b>DAY TWO</b>	
8:00	Practical session: Standing up and Standing
9.00	Standing up: Biomechanics, analysis and intervention
10:00	<b>Morning Tea</b>
10:20	Walking: biomechanics
11:30	Being a coach
12:30	<b>LUNCH</b>
13:15	Clinical session 2: Review of overnight practice
14:00	Clinical session 3: Clinical session with stroke survivors in 8 small groups
15:30	<b>Afternoon tea</b>
16:00	Discussion and questions
<b>DAY THREE</b>	
8.00	Review of walking biomechanics
9:00	Walking: Analysis
10:00	<b>Morning Tea</b>
10:20	Walking: Evidence-based intervention
11:30	Muscle testing and progression – practical
12:30	<b>LUNCH</b>
13:15	Clinical session 4: Review of stroke survivor's practice & progression
14:15	Handover
14:30	Clinical session 5: Analysis & training of new stroke survivor in small groups
15:30	<b>Afternoon tea and Celebration of Practice</b>
16:00	Statement of personal goals.