



Tema-aften: How to be an effective rehabilitation coach

Sted: Rigshospitalet Glostrup, Valdemar Hansens vej 1-23, 2600 Glostrup

Tid: Torsdag 26.november 2020 kl. 17-21

Pris: Gratis, der serveres kaffe/te, vand samt let forplejning på aftenen.

Deltagere: Fysioterapeuter og ergoterapeuter – **kun medlemmer** af Dansk Selskab for Neurologisk Fysioterapi eller Ergoterapeutfagligt selskab for Neurorehabilitering kan deltage. Meld dig ind og deltag!

Tilmelding: sker via www.neurofysioterapi.dk



Lecture presentation in English by Dr Annie McCluskey

Best-practice coaching involves:

- setting goals collaboratively with clients
- providing clear instructions
- demonstration, cues and critical feedback about performance
- teaching clients how to practice well, alone or with family
- measuring change over time, and celebrating goal achievement to help sustain motivation.

This presentation includes multiple video recordings of best-practice coaching by StrokeEd therapists retraining balance, upper and lower limb skills.

Underviseren:

Dr Annie McCluskey PhD MA DipCOT FOTARA

(1) Honorary Senior Lecturer, Faculty of Health Sciences, The University of Sydney, Sydney, Australia

(2) Occupational therapist, The StrokeEd Collaboration, Sydney, Australia

Annie is an occupational therapist, health services researcher and implementation scientist. She is an honorary academic at the University of Sydney, and member of The StrokeEd Collaboration. Annie has received over \$4 million in research funding, and published 75 peer-reviewed papers. In 2017, she became an inaugural Fellow of the Occupational Therapy Australia Research Academy. Her current research and teaching focus on translating evidence into practice, in addition to the feasibility, acceptability and effectiveness of rehabilitation treatments to improve participation of stroke survivors and older adults. Her research has investigated community outings and travel habits, driving and scooter use, handwriting and upper limb retraining, self-care and sexuality.

In 2011, Annie established The StrokeEd Collaboration with physiotherapy colleagues. StrokeEd provides evidence-based workshops to improve the skills, knowledge and practice of neuro-rehabilitation therapists, and influence the delivery of physical rehabilitation services to stroke survivors. Since 1992, they have conducted over 200 workshops across the world on upper limb retraining, including workshops in Chile, China, India and North Korea.