



Program

Nordic Conference: Vestibular rehabilitation

October 24th – 25th 2019

Radisson Blu Scandinavia Hotel Copenhagen
Amager Boulevard 70, 2300 Copenhagen S

Speakers:

Susan Whitney, DPT, Ph.D., University of Pittsburgh, USA

Michael Schubert, DPT, Ph.D., Johns Hopkins University Medical Center, USA

Richard Clendaniel, DPT, Ph.D., Duke University Medical Center, USA

Kasper Søndergaard, physiotherapist, Ph.D.-stud., Rigshospitalet, Denmark

Michael Smærup, physiotherapist, Ph.D., VIA University College, Denmark

Katrine Storm Piper, physiotherapist, masterstudent, Rigshospitalet, Denmark

Måns Magnusson, medical doctor, Ph.d.-stud. Lunds University, Sweden

Planning Committee:

Kasper Søndergaard

Michael Smærup

Katrine Storm Piper

Elisabeth Berents, educational advisor, The Association of Danish Physiotherapists



October 24th

- 08.30 – 09.15 Arrival, registration, breakfast
- 09.15 – 09.30 **Welcome:** Tina Lambrecht
President of the Association of Danish Physiotherapists
- 09.30 – 11.00 **The vestibular system and vestibular disorders**
- Anatomy and physiology of the inner ear and the balance system
 - Common vestibular pathologies
 - How are vestibular disorders diagnosed
 - How are the different vestibular disorders characterized?
 - Chronic vestibular disorders
by Måns Magnusson
- 11.00 – 11.30 Break
- 11.30 – 12.30 **Physical therapy assessment of patients with vestibular disorders**
- Instrumental diagnostic assessment
 - “Bedside” diagnostic assessment
 - Functional test:
 - Dynamic Gait Assessment/Functional Gait Assessment
 - Clinical Test of Sensory Interaction and Balance
 - Dynamic Visual Acuity
 - Motion Sensitivity Testby Richard Clendaniel
- 12.30 – 13.30 Lunch
- 13.30 – 14.15 **Parallel sessions 1: Workshops practicing test**
- “Bedside” diagnostic assessment (groups of 3 in 4 rooms)
 - Spontaneous and gaze-evoked nystagmus
 - Head Thrust Test
 - Head shaking nystagmus
 - Skull vibration induced nystagmus
 - Instrumental diagnostic assessment (groups of 3 in 4 rooms)
- 14.15 – 14.30 Small break and change workshop
- 14.30 – 15.15 **Parallel sessions 2: Workshops practicing test**
- “Bedside” diagnostic assessment (groups of 3 in 4 rooms)
 - Spontaneous and gaze-evoked nystagmus
 - Head Thrust Test
 - Head shaking nystagmus
 - Skull vibration induced nystagmus
 - Instrumental diagnostic assessment (groups of 3 in 4 rooms)
- 15.15 – 15.45 Break
- 15.45 – 16.30 **Plenary session: Assessing a younger patient**
by Richard Clendaniel and Kasper Søndergaard
- 16.30 – 17.00 **Analyzing the results of assessment – how does it lead to treatment?**
by Michael Schubert
- 17.15 – 18.30 Get together at the hotel: wine and snacks



October 25th

07.30 – 08.00 Breakfast

08.00 – 08.45 **Plenary session: Assessing an older patient**
by Susan Whitney, Katrine Storm Piper and Michael Smærup

08.45 – 09.30 **Treatment of vestibular disorders**

- Principles for treatment
 - What is the evidence?
- by Michael Schubert

09.30 – 10.00 Break

10.00 – 10.45 **Treatment of vestibular disorders** (continues)

- Principles for treatment
 - What is the evidence?
- by Michael Schubert

10.45 – 12.15 **The way we do it – in the Nordic countries.**

Parallel sessions

- Norway: 3 speakers from clinical practice
- Sweden: 3 speakers from clinical practice
- Denmark: 3 speakers from clinical practice

	Norway	Sweden	Denmark
10.00 - 10.30	Speaker 1	Speaker 1	Speaker 1
10.30 - 11.00	Speaker 2	Speaker 2	Speaker 2
11.00 - 11.30	Speaker 3	Speaker 3	Speaker 3

12.15 – 13.15 Lunch

13.15 – 16.00 **Benign paroxysmal positional vertigo (BPPV)**

- diagnosis and treatment
- by Susan Whitney

BPPV: Practical workshops – groups of 3 in 6 rooms

by Sue Whitney, Rick Clendaniel, Michael Schubert, Michael Smærup, Kasper Søndergaard, Katrine Storm Piper

16.00 – 16.30 **Future perspectives in vestibular rehabilitation**
by Susan Whitney, Richard Clendaniel and Michael Schubert

16.30 Goodbye